



SUMMARY

4 MENTORS TRAINED

BIKE CLUB CREATED AT EARNSCLIFF SPS (BIKE SAFETY SKILLS, BIKE REPAIR, HELMET USE)

SCHOOL ACTIVE TRANSPORTATION SURVEY COMPLETED (30 SS & 20 SPS STUDENTS RIDE TO SCHOOL REGULARLY)

BIKE REPAIR POP-UP AT BRAMALEA SS

BUILDING A HEALTHY AND CONNECTED BRAMALEA: 2025 FINAL REPORT

REPORT DATE	PROJECT NAME	PREPARED BY
November 20, 2025	Building a Healthy and Connected Bramalea	Cindy Evans (Brampton Environmental Alliance, SNAP Bramalea Codesign Committee Member)





SUMMARY


The focus of this project was to build on one of the goals of the Sustainable Neighbourhood Action Plan-to encourage active transportation in the E, F and K sections of Bramalea while fostering a safe, connected community within students who ride their bikes to school. Spring audits of Bramalea S.S. and Earnscliffe Sr. P. schools demonstrated that despite lack of on street cycling infrastructure, 28-32 secondary students and 17-19 middle school students were riding to school on a regular basis. Safety of student and community bicycle riders was improved through attendance of a free bike repair pop-up at Bramalea Secondary School. Students at this event, were also introduced to the services offered by the PCHS (Punjabi Community Health Services)

Four people were recruited and were taught bike safety basics over 5 sessions in July and August. With permission of the administration of Earnscliffe, a Bike Club was organized. Helmets were provided to participants that did not have one. Bold Helmets for Seikh boys were donated by the company located in Brampton. Bells were installed, tires were inflated, and brakes checked on all student bikes at each of 4 Bike Club Meetings. Middle school bike club members were mentored on bike skills, such as signaling, and bike position on trails and roads. Each session ended with a short neighbourhood ride on trails and roads, snacks and survey questions.


Bike Club 2025 ended in November with a route planning workshop using paper and Google maps. Students who attended 3 or more Bike Club sessions were given rechargeable rear lights upon completing a short paper questionnaire.

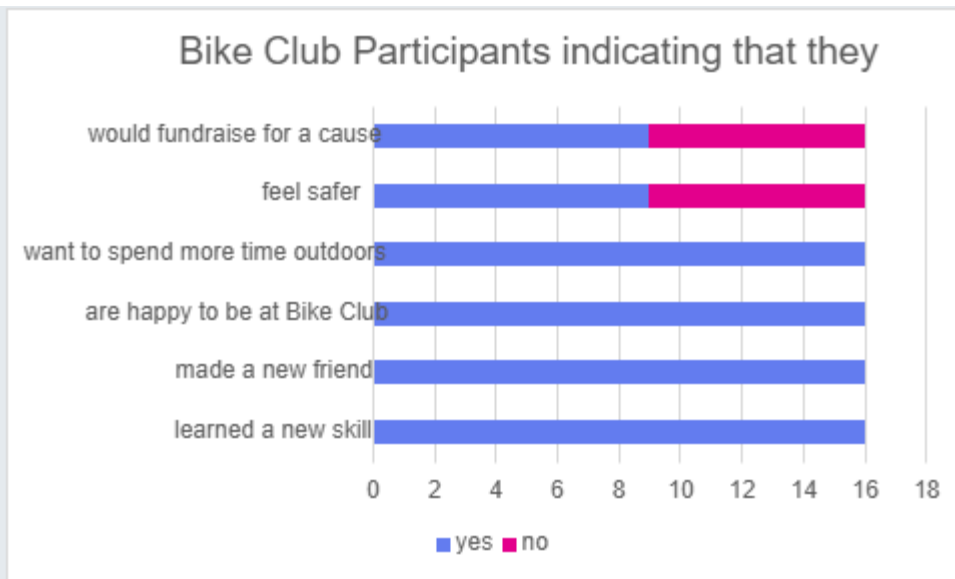
One of the benefits of this grant proposal being split into two years is that the Bike Club will restart at the end of April, and we can create bike repair and cycling events to encourage more students to participate.

TASK	% DONE DATES	NUMBER OF PARTICIPANTS AND TARGET POPULATIONS	NOTES
Training potential youth safe cycling instructors (16-24yos) for middle school cyclists	100 July 21, 28 August 4, 11, 18 September 24	4-3 F, K (2) and A sections	 <p>Participants were offered a free repair session at Different Spokes. One participant dropped out.</p>
Bike Repair Pop-Up	100 September 10	31 + 13 students chose to provide more information. All were from the L6T area code.	  <p>Repair volunteers (3) were very busy. Students were lined up and helped in order. Some had to leave before they were seen. Flat tires and brake repairs were the most common problems. Two members of the community also attended.</p>
Bike Club	100 October 1, 8, 22, 29	6, 11, 6, 5 Of the core group of 6 students, 3 are from the F section and 3 from the D section.	

Route Planning Workshop	100 November 12	2 Both students from the F section	
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PROJECT OUTCOMES

PROJECT	RESULTS
Repair pop-up at Bramalea S.S.	Thirteen students participated in a quick survey while waiting for repairs. All 13 ride to commute to locations other than school. Nine ride their bikes to school every day, 2 ride to school 1-3 times per week. Two students do not ride their bikes to school but only brought their bikes to school (by car) to get repairs.
Mentor training	<div> <div>Mentors participating in Bike Club</div>  <div> <div>■ participated in Bike Club</div> <div>■ yes</div> <div>■ no</div> </div> </div>
Bike skills sessions for Earnscliffe students (Bike Club)	



Anecdotal Notes and Next Steps

Pop-Up Repairs

The Bramalea S.S. Pop-Up was successful due to the support of the school administration. PCHS connected with each student in line and over 31 bikes were repaired. A senior student is now a regular volunteer at the Bike Hub and has become a mentor at the Earnscliffe Bike Club.

Students in Bramalea continue to cycle to school into the end of November, even on days when winds are gusting to over 50km/h. Earnscliffe students with unrideable bikes have expressed interest in joining the Bike Club. A weekend pop-up could address in a neutral location could serve all the residents of the E, F and K sections. Choosing a location will be challenging due to construction at Eastbourne Park, Earnscliffe Park and Knightsbridge Park.

Mentor Training

Two Bramalea students who volunteered for the Bike Rodeo at BikeFest were selected for this project. Two sisters from the K section were also selected because of their participation at the Bike Hub. As training progressed, one sister dropped out, the rest of the group made significant progress and completed the bicycle skills checklist provided by the instructors, completed a questionnaire designed to bring forward any concerns and establish availability. The two Bramalea students were unavailable on the day (Wednesdays) established for Bike Club by Earnscliffe Administration. They be invited to participate in the spring of 2026.

Earnscliffe Sr. P. Bike Club

The administration and guidance teacher were very supportive of the Bike Club. They organized permission forms and provided storage for helmets and snacks. They have agreed to continue Bike Club in 2026. Attendance is expected to increase in the spring and at least 6 sessions are planned.

Each of the 4 sessions began with a bike and helmet check, and some bike skills drills followed by a community bike ride, snacks and a hands up survey. The survey result that was surprising to organizers was initially; students did not report feeling safer. They said that they never felt unsafe. They only rode on multiuse paths and sidewalks. After rephrasing the question, more students reported feeling safer with their new skills. To reinforce the goals of encouraging cycling and fostering a safe and healthy community, a 3-2-1 exit survey was offered to the core group (see below).

Gustav

3	Describe 3 Bike Safety skills you can do	1	Signaling
		2	Knowing some rules (important)
		3	Emergency brakes
2	New places you will be able to ride on your bike	1	Toronto Park
		2	Chingoway Park
1	Name a person that you met at Bike Club	1	Cindy, Steve

3	Describe 3 Bike Safety skills you can do	1	Signaling
		2	Right side of the road
		3	Signal your intent
2	New places you will be able to ride on your bike	1	Free
		2	Side walk
1	Name a person that you met at Bike Club	1	Sagging

3	Describe 3 Bike Safety skills you can do	1	Safety check
		2	Check signal check signal when turning
		3	Always wear a helmet
2	New places you will be able to ride on your bike	1	Bramalea City Centre
		2	Chingoway Park
1	Name a person that you met at Bike Club	1	Liam

3	Describe 3 Bike Safety skills you can do	1	Turn safely
		2	Use turn signals
		3	Safe stopping
2	New places you will be able to ride on your bike	1	The road
		2	Ching Park
1	Name a person that you met at Bike Club	1	Finn

A "Stop-Start-Continue" survey was completed by instructors and some students. The survey indicated that everyone wanted longer rides to destinations such as Chinguacousy Park. Snacks were enjoyed, but the survey was not!

Goals for spring include:

- Provide more opportunities for leadership in running drills and rides
- Reduce time spent on drills and increase riding time
- Select destinations based on student interest and allow mentors to plan the routes
- Create a survey to collect data at the last session only
- Offer volunteer opportunities to Bramalea S.S. students
- Encourage grade 8 students to plan a route from their home to their secondary school
- Increase participation