

2025 Bike the Creek Rider Briefing – Nature Ride – 8:15am (start 8:30am)

- Welcome to **Nature Rider Briefing for 25km route**.
- You should have checked-in at the registration table inside the recreation centre.
- You should have a **GREEN** tag for your bike handlebars. Your ride should take you 2½ - 3hrs.
- Route surface: 95% paved trails and minor roads, 5% unpaved hard packed trails
- Expect to average 10½ -13 km/hr.
- There will be many walkers on the trails today. Walkers have the right of way.
- Keep right on trails except to pass slower cyclists and walkers.
- Ring your bell and pass cautiously on the left.
- Follow at a safe distance and pull off the trail if you need to stop.
- Be careful on narrow trails, blind curves, and hills– slow down & ring your bell!
- Obey traffic laws, signs, and lights.
- For a medical emergency, call 911. For other emergencies, call number on the back of handlebar tag.
- Options for mechanical breakdown are: call family, friend or CAA if you have a membership.
- Wear a helmet; it's required for all Ontario cyclists under 18.
- Wear **sunscreen** and **drink plenty of water**.
- Indicate your intentions with: LEFT, RIGHT turns, SLOWING or STOPPING
- You will be sent off in small groups in a staggered start – it's not a race.
- When you are told to leave, take the trail to the bottom of the hill and turn right.
- Follow white stencils marked "BtC" on the RIGHT side of the trail.
- Follow **GREEN** dots, arrows, squares that match your tag! Look for temporary signs.
- Look ahead for the next stencil. Ignore old stencils blacked out & stencils on left side of trail.
- Ride with GPS app is available for free download without using your data.
- Listen to and obey volunteers and Peel Regional Police on the route. Be cautious on gravel.

Route:

- Check out restored wetland at Loafer's Lake Park.
 - Stop and enjoy the 2 pavilions and refill your water bottle.
 - 1st pavilion is Caledon Southfields, 2nd pavilion is TRCA at Parr Lake North.
 - Experience the Vodden Street bike lane.
 - Return to Jim Archdekin.
 - Park your bike in **Bike Valet** beside registration entrance.
 - Remove and hold onto your handlebar tag – it's your lunch and prize draw ticket!
 - Visit **Sierra Club Peel Waste pavilion**, where they will help you sort your garbage. This is a zero-waste event.
 - Visit the booths to play games, learn skills and have fun!
 - **Lunch** from 11:15AM – 1:00PM for those preregistered.
 - Finale program and **Prize draw** at 12:15-12:45PM.
 - All riders back by 12:30PM. Event finished by 1:30PM.
 - Thanks for coming and have a wonderful day!
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