

## 2025 Bike the Creek Rider Briefing – Family Rides – 9:30 am (start 9:45am)

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- Welcome to **Family Rider Briefing for both 6km & 15km routes**.
- You should have checked-in at the registration table inside the recreation centre.
- If you are registered for the **6km Family Ride**, you should have a **PURPLE** tag for your bike handlebars. Your ride should take you ½ - 1 hr. You will be only on trails, no roads.
- If you registered for the **15km Family Ride**, you should have an **ORANGE** tag for your handlebars. Your ride should take you 1 ½ - 2 hrs on both trails and roads.
- There will be many walkers on the trails today. Walkers have the right of way.
- Keep right on trails except to pass slower cyclists and walkers. Ring your bell and pass cautiously on the left. For a medical emergency, call 911. For other emergencies, call number on the back of handlebar tag.
- Options for mechanical breakdown are: call family, friend or CAA if you have a membership.
- Expect to average 8-10 km/hr. 6km Route surface 100% paved trails.
- 15km Route surface: 95% paved trails and minor roads, 5% unpaved hard-packed trails
- Wear a helmet; it's required for all Ontario cyclists under 18.
- Wear **sunscreen** and **drink plenty of water**.
- Follow at a safe distance and pull off the trail if you need to stop.
- Be careful on narrow trails, blind curves and hills– slow down & ring your bell!
- Obey traffic laws, signs, and lights.
- Indicate your intention with: LEFT, RIGHT turns, SLOWING or STOPPING
- You will be sent off in small groups in a staggered start – it's not a race.
- When you are told to leave by the Marshall, take the trail to the bottom of the hill.
- Turn RIGHT for both the 6km and the 15km Family Rides
- 6km riders, follow white BtC stencils with **PURPLE** dots or arrows on the right side of trail.
- 15km riders, follow white BtC stencils with **ORANGE** dots or arrows on the right side of trail.
- Coloured dots, arrows & squares match your handlebar tag. Follow temporary signs.
- Look ahead for next stencil. Ignore old stencils blacked out & stencils on left side of trail.
- Listen to and obey volunteers and Peel Regional Police on the route. Be cautious on gravel.

### Route:

- 6km riders head north on the trail, and loop back south.
  - 15km riders stop and enjoy the Caledon pavilion in Southfields. Refill your water bottle.
  - Check out restored wetland at Loafer's Lake Park
  - Return to Jim Archdekin.
  - Park your bike in **Bike Valet** beside registration entrance.
  - Remove and hold onto your handlebar tag – it's your lunch and prize draw ticket!
  - Visit **Sierra Club Peel Waste pavilion**, where they will help you sort your garbage. This is a zero-waste event. Visit the booths to play games, learn skills and have fun!
  - **Lunch** from 11:15AM – 1:00PM for those preregistered.
  - Finale program and **Prize draw** 12:15-12:45PM.
  - All riders back by 12:30PM. Event finished by 1:30PM.
  - Thanks for coming and have a wonderful day!
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