

## **2023 Brampton Active Transportation Advisory Committee Community Rides Safety Briefing**

Welcome! Our Community Rides are run by Brampton Active Transportation Advisory Committee and BikeBrampton volunteers and sponsored by City of Brampton.

Active Transportation is an efficient and convenient way to get around the City. Our series of themed rides will explore bike lanes, low-volume roads, recreational trails and multi-use paths.

All riders have registered for this ride, acknowledged the waiver, and are responsible for their own safety. Ride within your own abilities. Choose the 5km ride if you are new to our rides or are uncertain about your abilities. Choose the 15km ride if you have ridden this distance before. We want to make our ride fun! Listen and follow instructions from volunteer leaders. This is for everyone's safety.

### **Follow the Leader of the group.**

- Bikes are vehicles in Ontario. Riders must obey traffic laws, yield signs, stop signs, traffic lights.
- Use hand signals to show your intention to vehicles and other riders behind you.
- *Show official signals for left, right, stop. (In a group we raise our arm for stop, so all can see.)*
- Do not ride ahead of the Leader.
- Be alert for road hazards such as metal, glass or potholes.
- Point and circle your arm to bring a hazard to the attention of riders behind you.
- Keep one metre out from parked cars to avoid being hit by opening doors.
- Keep back a safe distance behind riders in front of you, so you can stop quickly.
- On multiuse paths, keep right. Bikes yield to pedestrians. Ring your bell well before you pass. Slow down and ring your bell on blind corners.

### **Listen to the Marshall who is near the middle of the group.**

- Avoid dangerous behaviour. Be predictable and do not weave in and out of parked cars or across lanes. Check over your shoulder before you turn or change your position.
- Be alert, especially at intersections and driveways.
- Stop at intersections if the group cannot safely get through a traffic light. The leader will stop and wait if the group gets split at a light.
- Ride single file on single lane streets.
- Riding side-by-side on double lane streets is okay unless you are instructed to ride single.
- Proceed through all-way stop intersections as a group as guided by the Marshall.

### **Listen to the Sweeper who is the last cyclist in the group.**

- The Sweeper ensures no rider is left behind.
- Do not ride behind the Sweeper.
- The Sweeper checks traffic behind. If they yell "CAR BACK", merge into a single file as quickly as safely possible.
- If you have bike problems or are falling behind, let the sweeper or marshall know.