

2020 05 12 BikeBrampton response to National Urban Cycling Strategy Motion

From: Dayle Laing

Sent: May 12, 2020 8:55 AM

To: 'Santos, Rowena - Councillor' <Rowena.Santos@brampton.ca

Subject: RE: Added correspondence and motion to be added tomorrow

Good morning Councillor Santos,

I support this motion and commend the advocacy group from Calgary.

In May 2018, David and I attended the **National Bike Summit in Ottawa**, where David presented the Brampton Bike Hub federal EcoAction grant results. The conference was hosted by Velo Canada Bikes.

The focus on the 2nd day of the conference was to develop a strategy called **“The Federal Role in Building a Bike-Friendly Canada”**. Key points in the strategy document that we used in our sessions:

- **37% of commuters** in Canadian census metropolitan areas and agglomerations **have distances between home and work of less than 5 km.**
- Air pollution, which can be significantly reduced by increases in cycling, **kills 21,000 Canadians prematurely each year with an associated annual economic cost of \$8 billion.**
- **Less than 10% of Canadian children and youth and less than 20% of Canadian adults** meet national guidelines for physical activity.
- **Riding a bike for 15 minutes twice a day, 5 days a week** would allow a Canadian adult to meet national physical activity guidelines.
- Canada’s Chief Public Health Officer’s Report on the State of Public Health in Canada in 2017, notes the strong value of cycling and calls on leadership from all levels of government and partners to take concrete actions to improve the health of Canadians through healthy community design.
- A University of Glasgow study of more than 260,000 participants found biking to work to be associated with a 41% lower risk of premature death relative to non-active commuting. People who biked to work had a 45% lower risk of developing cancer and a 46% lower risk of heart disease.
- Relative to those who drive, people who ride bikes to work are likely to be healthier, less frequently absent, and less frequently late.
- **Men (47%) are more likely than women (34%)** to report having used a bike in the past year.
- **41% of Canadians (12 million)** aged 12 and over reported having ridden bicycles in 2013/2014.

This is a comprehensive strategy that goes beyond this initial federal request for funding.

<https://www.canadabikes.org/wp-content/uploads/2018/06/VCB-Position-Paper-on-the-Federal-Role-in-Cycling.pdf>

Best regards,

Dayle Laing
BikeBrampton