

**Acknowledgement:**

In keeping with Indigenous protocol, we acknowledge the traditional territories on which we are standing, including the Wendat, Anishinabek Nation, the Haudenosaunee [Hodeno-sonay] Confederacy, the Mississaugas of the New Credit First Nations, and the Métis Nation. We also recognize the enduring presence of the Aboriginal Peoples on this land.

**Purpose:**

- Fun family ride through spectacular valleys, trails & historic landmarks of Brampton & Caledon
- Joy of cycling, learning about our environment, our history; not a race
- Keep on route; stay safe; return for lunch, prize chances & celebration
- Visit our Sponsor booths and Pavilions for information
- Bike the Creek Partners: City of Brampton, Toronto and Region Conservation (TRCA), Town of Caledon & BikeBrampton
- Title Sponsor: Region of Peel (Peel Walk+Roll)
- Silver Sponsors: WIKE, the Walk & Bike Company, The Cyclepath Brampton

**Route:**

- Follow route colour coding – it matches coloured hang tag on your bike!
- **TOWN, CITY LOOP, NATURE, FAMILY**
- **TOWN & CITY LOOP** – turn left (south) from Jim Archdekin
- **FAMILY & NATURE** – turn right (north) from Jim Archdekin
- Follow temporary & permanent signs & arrows with coloured dots
- Follow coloured tape on trees, posts
- Follow your Passport map. Check [event webpage](#) for Google maps, Strava links
- Follow instructions from Volunteers on Routes & at Pavilions
- Use your head – despite our checking, there may be vandalism that disturbs signs! If in doubt, stop and ask the next rider
- Expect to average 10Km/hour for Family riders, 12 km/hour for Nature riders, 15km/hr for Town & City Loop riders
- If you are falling way behind, consider turning around before the end, congratulate yourself on what you were able to accomplish and come back here for a good meal.

**Staying Safe:**

- Ensure your bike is working properly. Visit our sponsor [Velofix Caledon](#) on site for mini tune-up before ride. Have a professional tune-up ahead of event! Check out our sponsors: [The Cyclepath Brampton](#), [Caledon Hills Cycling](#) or [Velofix Caledon](#). For bike problems on route, contact [tim@velofix.com](mailto:tim@velofix.com) 1-855-835-6349. He will be roving our trails, attempting to assist those in need. You might be covered for assistance under your CAA membership
  - Wear a helmet; mandatory for cyclists under 18
  - Wear sunscreen and bring water bottle – stay hydrated! Refill water bottles at every pavilion. Check out our [Heat Illness Information](#) on Bike the Creek webpage
  - Cycle without ear buds/headphones; listen for bike bells, horns & birds singing
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- Stop and pull off path to tweet **#bikethecreek**
- Put garbage into the bin or hold it until you get back to Peel Waste Pavilion, where all garbage is sorted for zero waste event
- Staggered start; not a race – keep a reasonable distance so you can stop quickly
- Pedestrians have the right of way – sound your bell/horn & pass cautiously
- Keep right except to pass – on the path and on the road
- Ride in single file – it's the Bylaw on Brampton's roads
- Yield to slower traffic
- Indicate LEFT, RIGHT turns, SLOWING or STOPPING
- Be cautious of narrow paths, blind curves and hills, particularly Nature Ride – slow down!
- Obey traffic laws and signs and lights
- Transition on temporary asphalt ramps from pathway to roads – cross roads with care
- Choose one of 3 ways to make **left turns at road intersections**:
  1. Stop before intersection, dismount, walk bike across when safe, turn left, walk across when safe, mount and start riding when traffic clear
  2. Stay right, ride through the intersection, stop, turn left on signal or when way is clear, ride through intersection
  3. Shoulder check, when way is clear, signal, move to left lane, turn when clear, proceed, signal, pull back over to the right side of road
- In the event of trouble, there are volunteers stationed all along the route. Ask for help. Tell a passing rider.

**Pavilions:**

- Get your Passport Map stamped at each Pavilion
- Expect to spend about 5 minutes at each Pavilion (remember, it's not a race)
- Experts from **Toronto and Region Conservation, Brampton Heritage** and **Caledon** will explain pavillion features.
- Pavilions will have water to top up your water bottle (no cups = no garbage generated!)
- Pavilion staff can tell you distance to next Pavillion, next toilet, how far you have come & how far until the end

**Lunch & Prize Draws at End of Ride:**

- Return to Jim Archdekin Recreation Centre
  - Use our bike valet parking
  - Check in at Registration tent to get 1 prize draw ticket for every Pavilion stamp!
  - At Registration, also turn in your bike hang-tag in exchange for your meal ticket
  - Lunch, compliments of Region of Peel, Walk+Roll Peel, our Title Sponsor begins at 11:30
  - Visit Peel Waste Pavilion to get final stamp on your Passport
  - Prizes to be drawn at 1:00pm and 1:30pm - Rider must be present to win
  - Visit our Partner and Sponsor booths
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