

## The School Safety Committee is a group of community partners working together to increase school safety in the Region of Peel.

### Did you know?

- 62% of Canadian parents say their kids aged 5-17 years are always driven to and from school (car, bus, transit); only 24% walk or ride bikes.<sup>1</sup>
- Canadian kids aged 3-4 spend 5.8 hours a day being inactive. That increases to 7.6 hours for ages 5-11, and 9.3 hours for ages 12-17.<sup>2</sup>
- There are 7,006 new cases of heart disease diagnosed each year in the Greater Toronto and Hamilton Area (GTHA).<sup>3</sup>
- A child's overall physical activity is linked to physical and mental health, healthy body weight and academic performance.

Thirty minutes of physical activity at the beginning of the day can boost metabolism, increase mental sharpness for 4-10 hours and help your child sleep better at night.



**For more information**  
[www.brampton.ca/roadworks](http://www.brampton.ca/roadworks)  
*(click on Pedestrian and Driver Safety)*  
[www.mississauga.ca/trafficsafetycouncil](http://www.mississauga.ca/trafficsafetycouncil)  
[www.walkandrollpeel.ca](http://www.walkandrollpeel.ca)  
[www.walkbiketoschool.org](http://www.walkbiketoschool.org)  
[www.saferoutestoschool.ca/info-teachers](http://www.saferoutestoschool.ca/info-teachers)  
[www.participation.com](http://www.participation.com)  
[www.csep.ca/guidelines](http://www.csep.ca/guidelines)  
[www.canadawalks.ca/resources.asp](http://www.canadawalks.ca/resources.asp)  
[www.caasco.com/schoolsafety](http://www.caasco.com/schoolsafety)  
[www.mto.gov.on.ca/english/safety/pdfs/young-cyclist-guide.pdf](http://www.mto.gov.on.ca/english/safety/pdfs/young-cyclist-guide.pdf)

For more information please contact:

Name:

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Insurance Bureau of Canada  
Bureau d'assurance du Canada



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Catholic District  
School Board



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BikeBrampton.ca

# Safety is Everyone's Responsibility



1. Canadian Fitness and Lifestyle Research Institute, 2012

2. Active Healthy Kids Canada, 2014.

3. GTHA Medical Officers of Health, 2014

## Instead of driving your child to school...

- Encourage your child to walk or ride their bike to school. Skateboarding and roller skating may be other options.
- Join your child on the walk to and from school.
- Arrange for children to walk/cycle together so that fewer parents need to supervise the journey. This is called a "walking school bus".

Walking and cycling allow students to learn more about their neighbourhoods, socialize with friends, build confidence and gain independence. Most importantly, it's fun!

Be environmentally responsible. If you must drive, consider carpooling.

# Traffic safety around your school

## Kiss and Ride

Do not park or leave your vehicle unattended in the Kiss and Ride area.

## Fire Routes

Blocking fire routes, even to drop off or pick up children, can be dangerous for everyone. In case of an emergency, fire and emergency crews may need to access a building quickly.

## School Buses

Motorists approaching a stopped school bus with its red signal lights flashing must stop at least 20 metres before reaching the bus.

## No Parking/No Stopping Zones

Parking in a No Parking or No Stopping zone can block the visibility of drivers and pedestrians and increase the likelihood of a collision.

## Crossing Guards

The stop sign carried by the Crossing Guard has the same legal authority as a stop sign at an intersection. You must stop when a Crossing Guard is about to enter the roadway and remain stopped until children and the Crossing Guard have safely cleared the roadway.

## Personal Safety

Encourage your child to be aware of their surroundings, especially when crossing the street.

## Electronic Devices

Avoid the use of electronic devices with earphones in isolated areas and while crossing roads and railway crossings.

