

FAQ's PedalWise Mentors

Who can be a cycling mentor?

Mentors should be good communicators and enthusiastic and experienced cyclists with knowledge of Brampton bicycle routes and trails. Mentors must be aged 18 or over. A police check is required (paid for by program).

What is the benefit of being a cycling mentor?

Mentors meet new people, gain leadership and facilitation skills and help build a cycling community in Brampton. And we'll have fun along the way!

What do you mean by experienced cyclist?

For the purpose of the PedalWise program, an experienced cyclist is someone who is comfortable using their bike in Brampton for everyday errands and trips. You don't need to be an athlete or a mechanic.

Why must a mentor be age 18 or over?

Our program requires all participants to be 18 or older.

How do I get a police check?

Forms and instructions will be available to you through the program. The program will reimburse you for the fee.

How many hours are involved in the program?

Approximately 30 hours (including training) between April 29, 2015 and Oct 2, 2015.

Is there training for mentors?

Yes! We have two training sessions for mentors. Safe cycling, risk management, communications, and other key issues will be covered. Dates are: April 29 6:30 PM to 9:00 PM and May 13 6:00 PM to 8:30 PM. A light dinner will be provided.

What are the responsibilities of a cycling mentor?

Cycling mentors are matched with 3 to 5 program participants. Program participants are at least 18 years of age and know how to ride a bicycle but are unsure about riding in Brampton. Cycling mentors attend program events (for longer events we schedule 3 hour shifts for mentors), they arrange and take their mentees on small group rides, they help mentees with route planning, and give advice on the practicalities of using bikes in Brampton. A total of approximately 30 hours is to be committed between April 29, 2015 and October 2, 2015.

What if I can't make a scheduled event?

The mentor training events (*) are mandatory events for all mentors. Other events are not as critical and if attendance at an event is not possible this can be worked out. However, on the whole you need to commit to the program.

The following events are part of the ***PedalWise*** program:

Wednesday April 29 6:00 PM -8:30 PM *

Mentor Training I, Community Bike Centre, 222 Advance Boulevard, Brampton

Wednesday May 13 6:00 PM to 8:30 PM*

Mentor Training II Train the Trainer for *Intro to Cycling in Brampton Workshop*, Community Bike Centre, 222 Advance Boulevard, Brampton

Saturday May 30 2:30 PM-4:30 PM

Program Launch, *Intro to Cycling in Brampton Workshop*, Greenbriar Recreation Centre, 1100 Central Park Drive, Brampton

Thursday June 11 or Friday June 12 between 4:00 PM and 7:00 PM

Borrow your Bike days. Participants are fitted with bike and helmet for season and take a very short community ride. Mentors volunteer for a 3-4 hour shift. Greenbriar Recreation Centre, 1100 Central Park Drive, Brampton

Saturday June 20 10:00 AM – 1:00 PM

Bike the Creek 2015 ride. Check in at Jim Archdekin Recreation Centre, 292 Conestoga Drive, Brampton. This ride is a community ride organized by Toronto and Region Conservation Authority. Program participants are encouraged to participate.

Thursday July 16 6:30 PM to 8:30 PM

Route Planning and How to Use the Bike Racks on Public Transit: A workshop for program participants. Greenbriar Recreation Centre, 1100 Central Park Drive, Brampton

Saturday August 15 10:30 AM to 2:00 PM

Family Ride and Picnic, Chinguacousy Park, 9050 Bramalea Road, Brampton

Thursday September 24 & Saturday September 26

Return your Bike days: time TBD. Participants schedule an appointment to return their bikes. Greenbriar Recreation Centre, 1100 Central Park Drive, Brampton

Friday October 2 6:30 PM to 8:30 PM

Program Completion Celebration: an evening event with food and program completion awards. Greenbriar Recreation Centre, 1100 Central Park Drive, Brampton

Additionally small group rides (3-5 per mentor group) with mentors and their group of participants will occur throughout Brampton between June 11 and September 26, 2015. Destinations and lengths are mutually agreed upon between mentors and participants.

**Any further questions? Please contact Ranjana Mitra at the Community Bike Centre at 7-222 Advance Blvd, Brampton 905-463-9941 or email at rmitra@communityenvironment.org
<http://communityenvironment.org>**

PedalWise is a free program generously supported by the Community Bike Centre, the Community Environment Alliance, Bike Brampton, the Toronto Centre for Active Transportation (Clean Air Partnership) and the Region of Peel.

