

# Bike to School Week

## Resources for the Greater Toronto and Hamilton Area

Bike to School Week events can take place inside or outside the classroom. They can involve the entire student population, students already riding to school or those most likely to start. The following resources can support teachers and schools to develop and carry out fun and safe events!



### IN THE CLASSROOM

**Ontario's Road Safety Resource**, developed by Ophea and the Ontario Ministry of Transportation, includes cycling-related lesson plans for the classroom and Community Engagement Toolkits for larger activities with students (grades K-12).

[www.ontarioroadsafety.ca](http://www.ontarioroadsafety.ca)

The **Guide to Ride**, created by PHE Canada, includes 10 lesson plans for use in a classroom setting (grades 4-6).

[www.phecanada.ca/resources/guide-to-ride](http://www.phecanada.ca/resources/guide-to-ride)

### IN THE SCHOOLYARD

A "Bike Rodeo" is a bicycle skills event. The Peel Safe and Active Routes to School Committee has published a **Bicycle Rodeo Community Kit** to support these events in schools and other community venues, utilizing mainly local volunteers\*.

[www.peelsafetyvillage.on.ca/bikerodeokit.html](http://www.peelsafetyvillage.on.ca/bikerodeokit.html)

The **Kids CAN-BIKE Festival** introduces young children to key bike handling skills needed to ride safely on the road. Teaching is carried out by certified instructors. The Festival is the first step in the Cycling Canada CAN-BIKE Program. Contact Andy Wilson at Cycling Canada to find an instructor\*:

[andywilson@cyclingcanada.ca](mailto:andywilson@cyclingcanada.ca) 613-248-1353 x2606  
[www.canbikecanada.ca](http://www.canbikecanada.ca)

\* Teachers should verify that any external service providers are approved to present in schools by their respective boards of education.

### PLANNING AND PROMOTION

Active & Safe Routes to School is an international movement dedicated to children's mobility, health, and happiness, led in Canada by Green Communities Canada. The **School Travel Planning Toolkit** is a comprehensive resource.

[www.saferoutestoschool.ca/school-travel-planning-toolkit](http://www.saferoutestoschool.ca/school-travel-planning-toolkit)

The **Event Guide** published by the National Center for Safe Routes to School (U.S.) is a simple but thorough tool for those starting to plan cycling activities at school.

[www.walkbiketoschool.org/sites/default/files/BTSD\\_PlanABikeEvent.pdf](http://www.walkbiketoschool.org/sites/default/files/BTSD_PlanABikeEvent.pdf)

The Smart Commute School Travel initiative is a collaboration between Metrolinx and Greater Toronto and Hamilton Area (GTHA) municipalities, school boards and NGOs. This initiative encourages children, youth and their families to travel actively and sustainably to school. Smart Commute's **Bike to School Week webpage** features information about prizes, incentives and resources, including a series of infographics for use by educators.

[www.smartcommute.ca/biketoschoolweek](http://www.smartcommute.ca/biketoschoolweek)

**BIKE TO SCHOOL WEEK**  
MAY 25 - MAY 29, 2015

Download customizable posters  
and register your school at:

[biketoschoolweek.ca](http://biketoschoolweek.ca)

