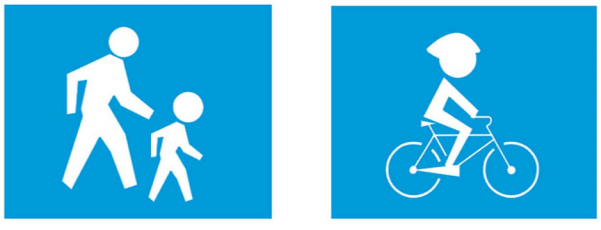
# DID YOU KNOW?

A study of over 19,000 children showed that walking or cycling to school helps improve concentration for up to 4 hours into the school day.

## Walk & Bike to School in Peel